

# Choc avo mousse

**Serves 4**

## Ingredients

- 1 avocado
- 2 tablespoons cocoa powder
- 2 tablespoons maple syrup (or honey)
- 1 teaspoon vanilla extract



## Method

1. Place all ingredients in a small food processor or blender and blend until smooth. If you don't have a food processor then electric hand beaters will work too.
2. Evenly divide the mixture across 4 shot glasses.
3. Chill in fridge for one hour before serving.

*Serve with fresh strawberries*