

# Ants on a log

Makes 20

## Ingredients

- 6 stalks of celery
- 250g smooth cottage cheese, reduced fat
- 1 x 40g packet sultanas



## Method

1. Wash and cut each celery stalk into 4 equal pieces.
2. Using a teaspoon, fill the centre of the celery stalks with cottage cheese.
3. Top each piece with 3 sultanas.